
Lsd Doorway To The Numinous The Groundbreaking Ps

LSD and the Mind of the Universe
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BROOKS CARLA

LSD and the Mind of the Universe Simon and Schuster
 Are language and consciousness co-evolving? Can psychedelic experience cast light on this topic? In the Western world, we stand at the dawn of the psychedelic age with advances in neuroscience; a proliferation of new psychoactive substances, both legal and illegal; the anthropology of ayahuasca use; and new discoveries in ethnobotany. From scientific papers to the individual trip reports on the Vaults of Erowid and the life work of Terence McKenna, Alexander and Ann Shulgin, and Stanislav Grof, we are converging on new knowledge of the mind and how to shift its functioning for therapeutic, spiritual, problem-solving, artistic and/or recreational purposes. In our culture, psychonautics, the practices of individuals and small groups using techniques such as meditation, shamanic ritual, ecstatic dance and substances such as LSD and psilocybin for personal exploration, is a field of action and thought in its infancy. The use of psychonautic practice as a site of research and a method of

knowledge production is central to this work, the first in-depth book focusing on psychedelics, consciousness, and language. Xenolinguistics documents the author's eleven-year adventure of psychonautic exploration and scholarly research; her original intent was to understand a symbolic language system, Glide, she acquired in an altered state of consciousness. What began as a deeply personal search, led to the discovery of others, dubbed xenolinguists, with their own unique linguistic objects and ideas about language from the psychedelic sphere. The search expanded, sifting through fields of knowledge such as anthropology and neurophenomenology to build maps and models to contextualize these experiences. The book presents a collection of these linguistic artifacts, from glossolalia to alien scripts, washed ashore like messages in bottles, signals from Psyche and the alien Others who populate her hyperdimensional landscapes. With an entire chapter dedicated to Terence and Dennis McKenna and sections dedicated to numerous other xenolinguists, this book will appeal to those interested in language/linguistics and the benefits of psychedelic self-exploration, and to readers of science fiction.

The Way of the Psychonaut Vol. 2: Encyclopedia for Inner

Journeys Simon and Schuster

The acclaimed discoverer of LSD's personal experiences and thoughts on chemistry, the natural sciences, mind-altering drugs, the soul, and the search for happiness • Shares a different side of the father of LSD, one known only to his friends and close colleagues • Explains Hofmann's different methods of pharmaceutical research based on traditional plant medicine • Includes the poetry of this mystical prophet of psychedelic science Best known as the first person to synthesize, ingest, and discover the psychedelic effects of LSD, Albert Hofmann was more than just a chemist. A pioneer in the field of visionary plant research, he was one of the first people to suggest the use of entheogens for psychological healing and spiritual growth. His insights into the consciousness-expanding effects of psychedelics as well as human nature, the psyche, and the nature of reality earned him a reputation as a mystical scientist and visionary philosopher. This book--Hofmann's last work before his death in 2008 at the age of 102--offers the acclaimed scientist's personal experiences and thoughts on chemistry, the natural sciences, mind-altering drugs, the soul, and the search for happiness and meaning in life. Hofmann explains different methods of pharmaceutical research based on traditional plant medicine and discusses psilocybin, the active compound in psychedelic mushrooms that he discovered. He examines the psychological role of psychoactives, their therapeutic potential, and their use in easing the life-to-death transition. Sharing a different side of the father of LSD, one known only to his friends and close colleagues, this book also includes the poetry of this mystical prophet of psychedelic science.

Psychedelic Shamanism, Updated Edition Knopf

Explores the potential of psychedelics as medicine and the intersections of politics, science, and psychedelics • Explores the tumultuous history of psychedelic research, the efforts to restore psychedelic therapies, and the links between psychiatric drugs and mental illness • Offers non-technical summaries of the most recent, double-blind, placebo-controlled studies with MDMA, psilocybin, LSD, and ayahuasca • Includes the work of Rick Doblin, Stanislav Grof, James Fadiman, Julie Holland, Dennis McKenna, David Nichols, Charles Grob, Phil Wolfson, Michael and Annie Mithoefer, Roland Griffiths, Katherine MacLean, and Robert Whitaker Embracing the revival of psychedelic research and the discovery of new therapeutic uses, clinical psychologist Dr. Richard Louis Miller discusses what is happening today in psychedelic medicine--and what will happen in the future--with top researchers and thinkers in this field, including Rick Doblin, Stanislav Grof, James Fadiman, Julie Holland, Dennis McKenna, David Nichols, Charles Grob, Phil Wolfson, Michael and Annie Mithoefer, Roland Griffiths, Katherine MacLean, and Robert Whitaker. Dr. Miller and his contributors cover the tumultuous history of early psychedelic research brought to a halt 50 years ago by the U.S. government as well as offering non-technical summaries of the most recent studies with MDMA, psilocybin, LSD, and ayahuasca. They explore the biochemistry of consciousness and the use of psychedelics for self-discovery and healing. They discuss the use of psilocybin for releasing fear in the terminally ill and the potential for MDMA-assisted psychotherapy in the treatment of PTSD. They examine Dr. Charles Grob's research on the indigenous use and therapeutic properties of ayahuasca and Dr. Gabor Mate's attempt to transport this plant medicine to a clinical setting with the help of Canada's Department of National Health. Dr. Miller and his contributors explore the ongoing efforts to restore psychedelic therapies to the health field, the growing threat of overmedication by the pharmaceutical industry, and the links between psychiatric drugs and mental illness. They also discuss

the newly shifting political climate and the push for new research, offering hope for an end to the War on Drugs and a potential renaissance of research into psychedelic medicines around the world.

Xenolinguistics JHU Press

In this, his culminating work, the leading international figure in consciousness research masterfully synthesizes his vast findings, drawing not only upon psychedelic therapy and Holotropic Breathwork, but also from literature, cross-cultural studies, ancient mystical sources and psychological data, resulting in a profound consolidation and articulation of what is now known about nonordinary states of consciousness. The Cosmic Game discusses the broadest philosophical, metaphysical and spiritual insights gleaned in Grof's research concerning human nature and reality, addressing the most fundamental questions human beings have asked about the nature of existence since time immemorial. Insights from research into nonordinary states of consciousness portray existence as an astonishing play of the cosmic creative principle that transcends time, space, linear causality, and polarities of every kind and suggest an identity of the individual psyche in its furthest reaches with the universal creative principle and the totality of existence. This identity of the human being with the Divine is the ultimate secret that lies at the core of all great spiritual traditions. "What moves this book into the status of a classic is that it is in substantial agreement with the world's great wisdom and spiritual traditions. This modern corroboration of the perennial philosophy is a stunning achievement and deserves publication to the widest audiences." - Ken Wilber, author of *Up from Eden: A Transpersonal View of Human Evolution* and *The Atman Project: A Transpersonal View of Human Development* "The Cosmic Game is the latest and best of Stanislav Grof's extraordinary contributions to our understanding of human consciousness. This book provides a coherent picture of how individual experience fits into universal patterns of consciousness" -- Frances Vaughan, author of *Shadows of the Sacred: Seeing through Spiritual Illusions* "Perhaps the most important of all his works, representing as it does an integration of the most profound of his clients' experiences and demonstrating a remarkable convergence with the deepest spiritual experiences reported across centuries and cultures. This convergence is a finding of the greatest significance." -- Roger Walsh, author of *The Spirit of Shamanism* "Grof is the world's leading authority on the deep exploration of the mind and soul... This is a wonderful gift!" -- Charles Tart, author of *States of Consciousness and Psi: Scientific Studies of the Psychic Realm* Stanislav Grof, MD, is a psychiatrist with more than fifty years of experience in research of nonordinary states of consciousness. He has been Principal Investigator in a psychedelic research program at the Psychiatric Research Institute in Prague, Czechoslovakia; Chief of Psychiatric Research at the Maryland Psychiatric Research Center; Assistant Professor of Psychiatry at the Johns Hopkins University; and Scholar-in-Residence at the Esalen Institute. He is currently Professor of Psychology at the California Institute of Integral Studies, conducts professional training programs in holotropic breathwork, and gives lectures and seminars worldwide. He is one of the founders and chief theoreticians of transpersonal psychology and the founding president of the International Transpersonal Association (ITA). In 2007, he was granted the prestigious Vision 97 award from the Vaclav and Dagmar Havel Foundation in Prague. He is the author and editor of many books, including *The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration*; *Ancient Wisdom and Modern Science*; *Beyond the Brain: Birth, Death, and Transcendence in Psychotherapy*; *Human Survival and*

Consciousness Evolution; and Psychology of the Future: Lessons from Modern Consciousness Research; all published by SUNY Press.

The Holotropic Mind Canongate Books

Analyzes the portrayal of death, afterlife, heaven, and hell in the art of various cultures, from ancient Egypt to the North American Indian

The Archaic Revival Harper Collins

Feelings of oneness with others, nature, and the universe. Encounters with extraterrestrials, deities, and demons. Out-of-body experiences and past-life memories. Science casts a skeptical eye. But Dr. Stanislav Grof - the psychiatric researcher who co-founded transpersonal psychology - believes otherwise. When the Impossible Happens presents Dr. Grof's mesmerizing firsthand account of his fifty-year inquiry into waters uncharted by conventional psychology, an odyssey that will leave you questioning the very fabric of your existence. From the first LSD session that gave Dr. Grof a glimpse of cosmic consciousness to his latest work with Holotropic Breathwork, When the Impossible Happens explores fascinating experiments in astral projection; remarkable tales of synchronicity; memories of birth and prenatal life; the survival of consciousness after death, and much more. Here is an incredible opportunity to journey beyond ordinary consciousness - guaranteed to shake the foundations of what we assume to be reality - and sure to offer a new vision of our human potential, as we contemplate When the Impossible Happens. STANISLAV GROF, M.D., PH.D. One of the founders and chief theoreticians of transpersonal psychology, Dr. Grof is the president of the International Transpersonal Association, and a professor of psychology at the California Institute of Integral Studies and the Pacifica Graduate Institute. His numerous books include Beyond the Brain and Psychology of the Future.

Modern Consciousness Research and the Understanding of Art Multidisciplinary Association for Psychedelic Studies

In 200 spellbinding pages--including over 100 large, full-color illustrations--Modern Consciousness Research and the Understanding of Art takes readers on an enchanting tour of the human psyche and a visual tour of the artwork of H.R. Giger. In this book, Grof illuminates themes related to dreams, trauma, sexuality, birth, and death, by applying his penetrating analysis to the work of Giger and other visionary artists.

Healing Our Deepest Wounds Simon and Schuster

This comprehensive work is a tour de force through the worlds of psychology, psychotherapy, Holotropic Breathwork, maps of the psyche, birth, sex, and death, transpersonal experiences, psychospiritual death and rebirth, reincarnation, karma, mystical states, archetypes, spiritual emergency, art, artists, and higher creativity. Grof reviews the history of depth psychotherapy, the important revisions that are needed to make it more effective, and why the inner quest is such an essential activity.

Night of the Fireflies New Africa Books

A richly illustrated tapestry of interwoven studies spanning some six thousand years of history, *Dæmons Are Forever* is at once a record of archaic contacts and transactions between humans and protean spirit beings—dæmons—and an account of exchanges, among human populations, of the science of spirit beings: dæmonology. Since the time of the Indo-European migrations, and especially following the opening of the Silk Road, a common dæmonological vernacular has been shared among populations ranging from East and South Asia to Northern Europe. In this virtuoso work of historical sleuthing, David Gordon White recovers the trajectories of both the “inner demons” cohabiting the bodies of their human hosts and the “outer dæmons” that those same humans recognized each time they encountered them in their enchanted haunts: sylvan pools, sites of geothermal

eruptions, and dark forest groves. Along the way, he invites his readers to reconsider the potential and promise of the historical method in religious studies, suggesting that a “connected histories” approach to Eurasian dæmonology may serve as a model for restoring history to its proper place at the heart of the discipline of the history of religions.

The Therapeutic Use of Ayahuasca Inner Traditions / Bear & Co
'Louis Wain invented a cat style, a cat society, a whole cat world'. Broadcast in 1925 by H.G. Wells, these words characteristically foretold the future of the Wain cat which has, once more, become the century's most recognisable image in cat art. During their heyday, in the time before the First World War, Louis Wain's cats, dressed as humans, portrayed that stylish Edwardian world having fun: at restaurants and tea parties, going to the Race and the Seaside, celebrating at Christmas and Birthdays, and disporting themselves with exuberant games of tennis, bowls, cricket and football. This is a titillating world of cats at play, uninhibited and slightly dangerous, with most group activities likely to turn into mishap, mayhem and catastrophe. This is Wain's world, funny, edgy and animated: a whole cat world. The first comprehensive exhibition of Wain's work was held at the Victoria and Albert Museum in London in 1972 and, since then, Louis Wain has steadily become more fashionable, and collected worldwide. This biography contains 300 plates of richness and variety, all of which are reproduced faithfully from the original artwork. This book is jointly published by Chris Beetles Ltd and Canongate Books.

A Really Good Day Simon and Schuster

Dr. Grof's consciousness research over the last five decades has shown that the deepest roots of trauma often lie in experiences from birth or in events from human history that have not yet been resolved and are still active in the collective unconscious. This unresolved personal or collective history then expresses through an individual or group that has some connection to the earlier events. Traditional therapeutic approaches which focus only on events in the personal biography or tranquilizing medications do not access or heal these deeper wounds in the human psyche. From a more general perspective, Dr. Grof examines the broad problems of violence and greed in society and finds that the widespread fear and aggression between individuals and groups may also originate in large part from the unconscious acting-out of unresolved historical traumas from the collective unconscious. The message of Dr. Grof and this book is, however, a hopeful one: there are approaches to therapy which utilize a specific non-ordinary state of consciousness which enables individuals, with support, to access and heal these deeper levels of trauma from the personal and collective unconscious. He has named this state of consciousness Holotropic, a composite word which means “oriented toward wholeness” or “moving in the direction of wholeness” (from the Greek holos = whole and trepo, trepein = moving toward or in the direction of something). Dr. Grof describes various approaches to achieving this Holotropic state and using it for healing, with his focus on Holotropic Breathwork, which he developed with his partner Christina, and psychedelic therapy, which he pioneered in the 1950s and which is now experiencing a renaissance of clinical research for treatment of addictions and PTSD.

Psychedelics and Spirituality Harper Collins

A professor of religious studies meticulously documents his insights from 73 high-dose LSD sessions conducted over the course of 20 years • Chronicles, with unprecedented rigor, the author's systematic journey into a unified field of consciousness that underlies all physical existence • Makes a powerful case for the value of psychedelically induced spiritual experience and

discusses the challenge of integrating these experiences into everyday life • Shows how psychedelic experience can take you beyond self-transformation into collective transformation and help birth the future of humanity On November 24, 1979, Christopher M. Bache took the first step on what would become a life-changing journey. Drawing from his training as a philosopher of religion, Bache set out to explore his mind and the mind of the universe as deeply and systematically as possible--with the help of the psychedelic drug LSD. Following protocols established by Stanislav Grof, Bache's 73 high-dose LSD sessions over the course of 20 years drew him into a deepening communion with cosmic consciousness. Journey alongside professor Bache as he touches the living intelligence of our universe--an intelligence that both embraced and crushed him--and demonstrates how direct experience of the divine can change your perspective on core issues in philosophy and religion. Chronicling his 73 sessions, the author reveals the spiral of death and rebirth that took him through the collective unconscious into the creative intelligence of the universe. Making a powerful case for the value of psychedelically induced spiritual experience, Bache shares his immersion in the fierce love and creative intent of the unified field of consciousness that underlies all physical existence. He describes the incalculable value of embracing the pain and suffering he encountered in his sessions and the challenges he faced integrating his experiences into his everyday life. His journey documents a shift from individual consciousness to collective consciousness, from archetypal reality to Divine Oneness and the Diamond Luminosity that lies outside cyclic existence. Pushing the boundaries of theory and practice, the author shows how psychedelic experience can take you beyond self-transformation into collective transformation, beyond the present into the future, revealing spirit and matter in perfect balance.

Plant Intoxicants John Wiley & Sons

Now on Netflix as a 4-part documentary series! "Pollan keeps you turning the pages . . . cleareyed and assured." —New York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human

consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

LSD and the Divine Scientist Plume Books

"In an effort to treat a debilitating mood disorder, Ayelet Waldman undertook a very private experiment, ingesting 10 micrograms of LSD every three days for a month. This is the story--by turns revealing, courageous, fascinating and funny--of her quietly psychedelic spring, her quest to understand one of our most feared drugs, and her search for a really good day"--*Realms of the Human Unconscious* Simon and Schuster Draws on cosmological phenomena of the modern world as well as the author's own research into shamanic and metaphysical belief systems to support the Mayan theory about an unprecedented global shift predicted for the year 2012.

The Varieties of Psychedelic Experience Simon and Schuster A pioneering and revolutionary book that lays the foundation for a radical new psychology, based on an expanded cartography of the human unconscious. Famous for his lifelong research into psychedelic drugs, Dr. Grof constructs a comprehensive and helpful framework out of the bewildering welter of experiences triggered by LSD in patients and research subjects. Current research into the brain and ways of expanding consciousness give this seminal book, first published in 1979, new importance for the light it throws on many fundamental, but hitherto mysterious, human potentialities. Grof's theory of the human psyche transcends the personal and opens ways to a greater understanding of our inner selves.

How to Change Your Mind Grove Press

This book presents a series of perspectives on the therapeutic potential of the ritual and clinical use of the Amazonian hallucinogenic brew ayahuasca in the treatment and management of various diseases and ailments, especially its role in psychological well-being and substance dependence. Biomedical and anthropological data on the use of ayahuasca for treating depression, PTSD, and substance dependence in different settings, such as indigenous contexts, neo-shamanic rituals, contemporary therapeutic circles, and in ayahuasca religions, in both South and North America, are presented and critiqued. Though multiple anecdotal reports on the therapeutic use of ayahuasca exist, there has been no systematic and dense reflection on the topic thus far. The book brings the therapeutic use of ayahuasca to a new level of public examination and academic debate. The texts in this volume stimulate discussion on methodological, ethical, and political aspects of research and will enhance the development of this emergent field of studies.

Psychedelic Medicine Springer Science & Business Media

The rise—and fall—of research into the therapeutic potential of LSD. After LSD arrived in the United States in 1949, the drug's therapeutic promise quickly captured the interests of psychiatrists. In the decade that followed, modern psychopharmacology was born and research into the drug's perceptual and psychological effects boomed. By the early 1960s, psychiatrists focused on a particularly promising treatment known as psychedelic therapy: a single, carefully guided, high-dose LSD session coupled with brief but intensive psychotherapy. Researchers reported an astounding 50 percent success rate in treating chronic alcoholism, as well as substantial improvement in patients suffering from a range of other disorders. Yet despite this success, LSD officially remained an experimental drug only. Research into its effects, psychological and otherwise, dwindled before coming to a close in the 1970s. In *The Trials of Psychedelic Therapy*, Matthew Oram traces the early promise and eventual demise of LSD psychotherapy in the United States. While the common perception is that LSD's prohibition terminated

legitimate research, Oram draws on files from the Food and Drug Administration and the personal papers of LSD researchers to reveal that the most significant issue was not the drug's illegality, but the persistent question of its efficacy. The landmark Kefauver-Harris Drug Amendments of 1962 installed strict standards for efficacy evaluation, which LSD researchers struggled to meet due to the unorthodox nature of their treatment. Exploring the complex interactions between clinical science, regulation, and therapeutics in American medicine, *The Trials of Psychedelic Therapy* explains how an age of empirical research and limited government oversight gave way to sophisticated controlled clinical trials and complex federal regulations. Analyzing the debates around how to understand and evaluate treatment efficacy, this book will appeal to anyone with an interest in LSD and psychedelics, as well as mental health professionals, regulators, and scholars of the history of psychiatry, psychotherapy, drug regulation, and pharmaceutical research and development.

The Cosmic Game State University of New York Press
 A TURNING POINT IN PSYCHOLOGY AND HUMAN HISTORY
 Stanislav Grof, M.D., formerly a professor at Johns Hopkins University School of Medicine and founder of the International Transpersonal Association, has written many books, including

'Realms of the
When the Impossible Happens Simon and Schuster
Psychedelic Shamanism presents the spiritual and shamanic properties of psychotropic plants and discusses how they can be used to understand the structure of human consciousness. Author Jim DeKorne offers authoritative information about the cultivation, processing, and correct dosages for various psychotropic plant substances including the belladonna alkaloids, d-lysergic acid amide, botanical analogues of LSD, mescaline, ayahuasca, DMT, and psilocybin. Opening with vivid descriptions of the author's personal experiences with psychedelic drugs, the book describes the parallels that exist among shamanic states of consciousness, the use of psychedelic catalysts, and the hidden structure of the human psyche. DeKorne suggests that psychedelic drugs allow us to examine the shamanic dimensions of reality. This worldview, he says, is ubiquitous across space, time, and culture, with individuals separated by race, distance, and culture routinely describing the same core reality that provides powerful evidence of the dimensional nature of consciousness itself. The book guides the reader through the imaginal realm underlying our awareness, a world in which spiritual entities exist to reconnect us with ourselves, humanity, and our planet. Accurate drawings of plants, including peyote, *Salvia divinorum*, and San Pedro, enhance the book's usefulness.